

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday



327 Pillsbury Mini Maple Waffles **5**
670 Fresh Fruit
749 Apple Cherry Juice
PreK: 343 Rice Chex Cereal

334 Cinnamon Toast Crunch Cereal **12**
670 Fresh Fruit
749 Apple Cherry Juice
PreK: 369 Berry Blast French Toast

313 Cranberry Apple Rebel Crumble **19**
689 Orange Mango Applesauce
692 Peach Amazin' Raisins
PreK: 343 Rice Chex Cereal

321 Banana Muffin **26**
670 Fresh Fruit
750 Apple Juice
PreK: 369 Berry Blast French Toast

Tuesday



359 Honey Scooters Cereal **6**
689 Birthday Cake Applesauce
670 Fresh Fruit
PreK: 337 Eggo Blueberry Pancakes

319 Orange Cranberry Muffin OR **13**
316 Chicken Biscuit
689 Birthday Cake Applesauce
647 Dole Mandarin Oranges
PreK: 344 Honey Scooters Cereal

307 Cherry Baked Frudel OR **20**
365 Cinnamon Frosted Flakes Pouch
670 Fresh Fruit
749 Apple Cherry Juice
PreK: 366 Blueberry Bagel

329 Trix Cereal Bar **27**
688 Applesauce
670 Fresh Fruit
PreK: 344 Honey Scooters Cereal

Wednesday

Please note: Starting in January, pre-kindergarten students are now served a different entrée, highlighted below, each day. Only white milk will be offered to pre-kindergarten students. Thank you!

309 Apple Jammer Sticks **7**
670 Fresh Fruit
658 Dried Fruit Blend
PreK: 339 Orange Cranberry Muffin

368 Plain Bagel **14**
670 Fresh Fruit
696 Raisins
PreK: 346 Kix Cereal

328 Chocolate Chip Muffin **21**
608 Dole Tropical Fruit Cup
670 Fresh Fruit
PreK: 340 Sweet Potato Muffin

334 Cinnamon Toast Crunch Cereal OR **28**
359 Honey Scooters Cereal
647 Dole Mandarin Oranges
696 Raisins
PreK: 346 Kix Cereal

Thursday



304 Cinnamon Bagel-fuls **8**
670 Fresh Fruit
690 Strawberry Amazin' Raisins
PreK: 332 Apple Cinnamon Muffin

328 Chocolate Chip Muffin **15**
752 Fruit Punch Juice
670 Fresh Fruit
PreK: 330 Blueberry Muffin

338 French Toast Sticks **22**
670 Fresh Fruit
750 Apple Juice
PreK: 330 Blueberry Muffin

Holy Thursday **29**

Friday



329 Trix Cereal Bar **9**
670 Fresh Fruit
750 Apple Juice
PreK: 347 Alpha Bits Cereal

311 Cheese Omelet in Pita **16**
608 Dole Tropical Fruit Cup
696 Raisins
PreK: 366 Blueberry Bagel

322 Blueberry Muffin **23**
670 Fresh Fruit
609 Dole Mixed Fruit Cup
PreK: 347 Alpha Bits Cereal

Good Friday **30**